



## BREAKFAST

*available all day*

### BAKED OATMEAL (6.00)

*House made w/ steamed milk*

*\*add mixed berries for +\$1*

### BREAKFAST SANDWICH (5.00)

*With Egg and American cheese*

*On a Plain or Everything bagel*

*On a Croissant +\$1*

*Gluten Free Bread +\$1.50*

#### ADD A PROTEIN:

*Bacon, Sausage, or Ham +\$1*

*\*upgrade to cheddar cheese +\$1*

### TOASTED BAGEL (3.00)

*Plain or Everything*

*Cream cheese, butter and/or jam included*

## OTHER GOODIES

*made fresh by our staff!*

### COOKIES (3.00)

### SCONES (3.50)

### NUTELLA CROISSANT (4.00)

### GLUTEN FRIENDLY BROWNIE (4.00)

## SEASONAL TREAT:



## LUNCH

*Paninis served on white or whole grain with a side of sea salted kettle chips*

*Gluten free bread +\$1.50*

### BUFFALO CHICKEN PANINI (11.00)

*Spicy buffalo smothered chicken, pickled onions, cheddar cheese and cream cheese grilled to perfection*

### CHEESY GDC BLT PANINI (11.00)

*Grilled cheese meets gourmet BLT ft. house-made jammy tomatoes, sharp cheddar cheese, cream cheese, bacon and spinach*

### CHICKEN PANINI (11.00)

*white meat chicken, sundried tomato pesto aioli, pickled onions & American cheese*

### TURKEY PESTO PANINI (11.00)

*Turkey, basil pesto, spinach & cheddar cheese*

### WHITE BEAN HUMMUS PANINI (9.00)

*House-made white bean hummus, jammy tomatoes, baby spinach and American cheese*

### HAM & CHEESE – A LA CARTE (7.00)

*On a pretzel roll*

*add chips +\$2*

### SOUP OF THE DAY (3.75/6.75)