



BREAKFAST

available all day

BAKED OATMEAL (6.00)

House made w/ steamed milk

**add mixed berries for +\$1*

BREAKFAST SANDWICH (5.00)

With egg and American cheese

On a Plain or Everything bagel

On a Croissant +\$1

Gluten Free Bread +\$1.50

ADD A PROTEIN:

Bacon, Sausage, or Ham +\$1

**upgrade to cheddar cheese +\$1*

TOASTED BAGEL (3.00)

Plain or Everything

Cream cheese, butter and/or jam included

OTHER GOODIES

Baked Fresh Daily

COOKIES (3.00)

SCONES (3.50)

NUTELLA CROISSANT (5.50)

GLUTEN FRIENDLY BROWNIE (4.00)



LUNCH

Paninis served on white or whole grain with a side of sea salted kettle chips

Gluten free bread +\$1.50

BUFFALO CHICKEN PANINI (11.00)

Spicy buffalo smothered chicken, pickled onions, cheddar cheese and cream cheese grilled to perfection

CHEESY GDC BLT PANINI (11.00)

Grilled cheese meets gourmet BLT ft. house-made jammy tomatoes, sharp cheddar cheese, cream cheese, bacon and spinach

CHICKEN PANINI (11.00)

White meat chicken, sundried tomato pesto aioli, pickled onions & American cheese

TURKEY PESTO PANINI (11.00)

Turkey, basil pesto, spinach & cheddar cheese

WHITE BEAN HUMMUS PANINI (9.00)

House-made white bean hummus, jammy tomatoes, baby spinach and American cheese

HAM & CHEESE – A LA CARTE (8.00)

*On a pretzel roll
add chips +\$2*

SOUP OF THE DAY (3.75/6.75)